

Math4010 First Day Homework Assignment
Due the second day of class!

Student name _____

1. Answer the following questions based on this rating scale:

1 = agree strongly to 5 = disagree strongly

- a. I look forward to taking a math class. _____
- b. I believe only some people can properly learn math. _____
- c. I have always struggled with math. _____
- d. In my family and social circle, it's acceptable to dislike math. _____
- e. I don't understand why we need to learn math. _____
- f. I freeze up when I take math exams. _____
- g. I think math is analytical and not very creative. _____
- h. There is usually just one way to get to the right answer. _____
- i. People who are good at math don't ever struggle with it. _____
- j. There are areas of my life where I struggle and it's a challenge, but I actually enjoy it. _____

Type and print the answers to the following questions.

2. Write your “math history.” In other words, write about all the experiences in your life that have contributed to your math anxiety.
3. Write your reactions to each of the incidents mentioned in question #2. Include both your reactions at the time of the incident and your reaction today.
4. Write down the reasons you want to succeed at math.